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FOOT CARE - CARING FOR YOUR FEET - HEART AND SOLE (PAPERBACK)



Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Table of Contents Introduction Design of Your Feet Proper Footwear Problems Due to High Heels Noticed the high heels? Health Concerns about Wearing High Heels Back, Knee, Shoulder and Foot Pain Heel Problems Foot Problems Bunions and Bursitis Corns and Calluses Athlete s Foot Ingrown Toenails Back Pain Achilles Tendinitis Claw Toes Morton s Neuroma Tips for Buying...

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- Authored by Dueep Jyot Singh, Managing Director John Davidson
- Released at 2015



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