



Kefalonia (3rd Revised edition)

By Brian Anderson, Eileen Anderson

Sunflower Books. Paperback. Book Condition: new. BRAND NEW, Kefalonia (3rd Revised edition), Brian Anderson, Eileen Anderson, If holidays are about new experiences, then this pocket guide solves two problems - where to enjoy walking in Kefalonia and where to find some good, traditional food. There are strolls for hot days and longer walks to work up an appetite. And if you're just after some recommendations for where to eat out in Kefalonia, you need look no further! There isn't much information available for walking on the island, and this book brings together ten of Kefalonia's best walks. They are spread all round the island and there is at least one near every major resort. For each suggested restaurant there is a photograph of the decor and one of their dishes, plus sample menu, price guide, opening times, and a recipe for one of their specialities. Other sections include: planning your trip, logistics on arrival (using public transport, tourist information, shopping), local markets and specialities, glossary of local food terms, and a restaurant mini-vocabulary. A special feature is the emphasis on natural local foods suitable for those with food intolerances. All recipes have been made by the authors and are known...



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