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THE HAPPY BOOK: A JOURNAL TO CELEBRATE WHAT MAKES YOU HAPPY



Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, The Happy Book: A Journal to Celebrate What Makes You Happy, Rachel Kempster, Meg Leder, The Happy Book shows how to practice and celebrate happiness so you can find it when you really need it. Packed with creative prompts, wacky ideas, and hip activities, this is the ultimate pick-me-up. Packaged to encourage doodling and drawing, The Happy Book has space to scribble thoughts, make lists, fill in the blanks, and...

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- Authored by Rachel Kempster, Meg Leder
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Reviews

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