

## The Little Zen Companion

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## Reviews

A brand new e book with a new perspective. I could comprehended every little thing using this written e publication. I am quickly will get a satisfaction of reading through a written ebook. (Clemmie Rolfson)

### THE LITTLE ZEN COMPANION



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Workman Publishing Company. Paperback. Book Condition: New. Paperback. 389 pages. Dimensions: 4.2in. x 4.1in. x 1.1in.While it seeks neither to define Zen nor answer its most famous koan (a riddle unanswerable by conventional thinking, in this case the sound of one hand clapping), this bestselling little book with 437, 000 copies in print possesses a maverick Zen spirit that points to a different way of looking at the world. With each page featuring a quote, phrase, story, koan, haiku, or poem, Zen Companion combines the feeling and format of a meditation book with 2, 500 years of wisdom-from Lao-tzu and Groucho Marx, William Carlos Williams and The Little Prince, D. T. Suzuki and Walker Percy, the Buddha and the Bible, Einstein and Gertrude Stein. Its a celebration of intuition: If a man wishes to be sure of the road he treads on, he must close his eyes and walk in the dark-St. John the Cross. Individuality: Do not seek to follow in the footsteps of the men of old; seek what they sought. -Basho. Uncomplicated nature: Among twenty snowy mountainsThe only moving thingWas the eye of the blackbird. -Wallace Stevens. Childlike spontaneity: Goodnight stars. Goodnight air. -Margaret Wise Brown. Irreverent paradox: Wakuan complained when he saw a picture of bearded Bodhidharma: Why hasnt that fellow a beard And above all, the simple pleasure of life lived in the moment. Chop wood, carry water. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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